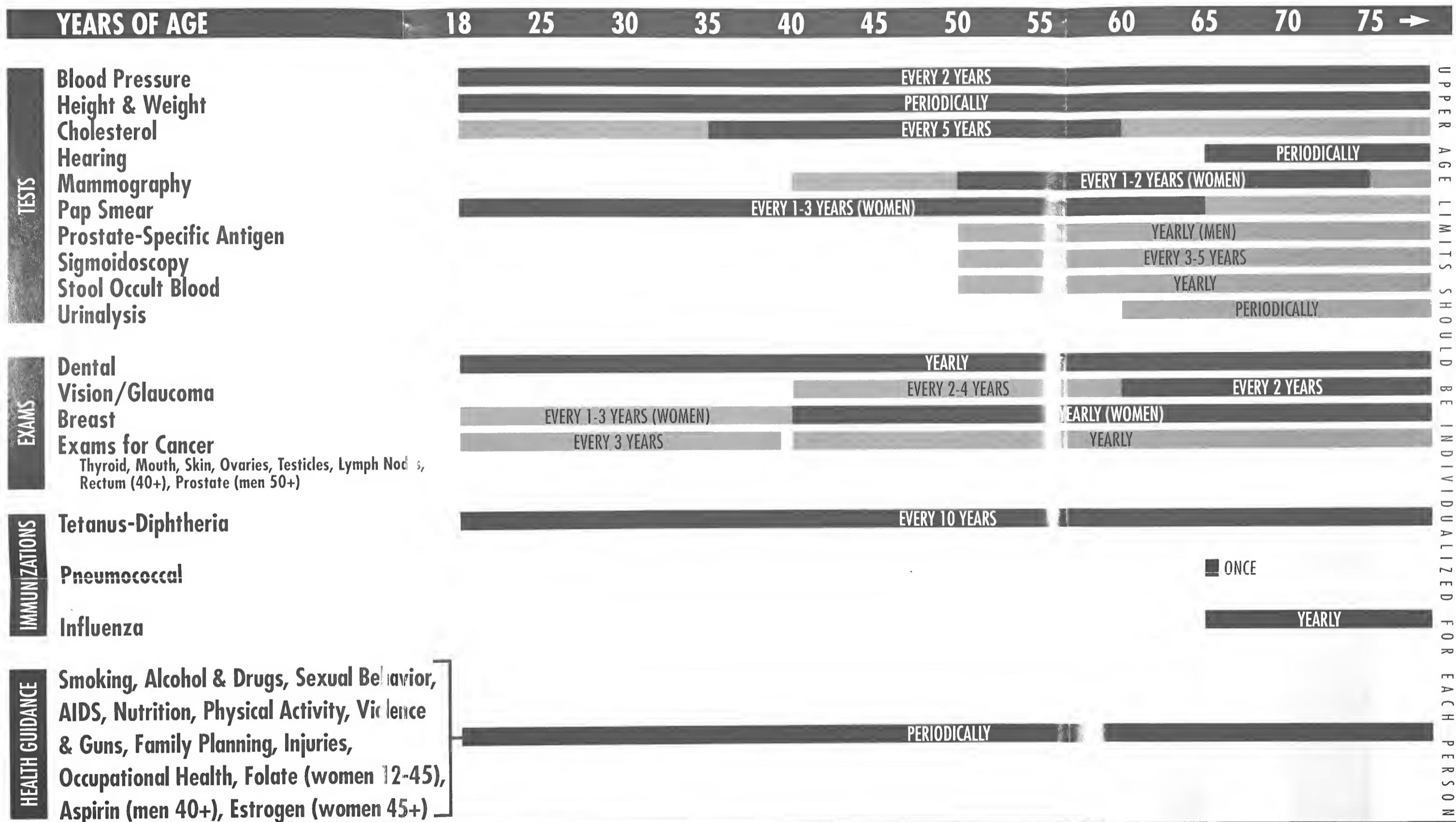


# Adult Preventive Care Timeline

Check-up visits with your doctor or other health care provider are important for your health. Most authorities recommend these visits every 1-3 years until age 65 and yearly thereafter. Talk with your doctor or other health care provider about the proper schedule of check-up visits for you. This chart shows the different types of preventive care you may need at each age.



**Key:**  Recommended by all major authorities.  
 Recommended by some major authorities.

**Please Note:** Recommended intervals for each type of preventive care may vary among authorities. Individuals with special risk factors may need more frequent and additional types of preventive care. Some examples:

## RISK FACTOR

RISK FACTOR
Diabetes
Drug abuse
Alcoholism
Overweight
Homeless, recent refugee or immigrant
High-risk sexual behavior

## PREVENTIVE SERVICE(S) NEEDED

- Eye, foot exams, urine test
- AIDS, TB tests, hepatitis immunization
- Influenza, pneumococcal immunizations, TB test
- Blood sugar test
- TB test
- AIDS, syphilis, gonorrhea, chlamydia tests

